



# The Right to Control

Control and choice  
for disabled people

## Part 2 Detailed Routefinder

**What are my own Outcomes?  
How can I reach them?**

**My Name:**

**CIL Number:**

Manchester Area Partnership April 2011

### About this document



This is Part 2 of the Right to Control Routefinder. Here you can tell people in some detail what you want to happen. We call these goals 'Outcomes'.

- You do not need to use this form if you do not want to.
- You or someone else can fill in as much or as little of this form as you want. You can ask someone you know to help fill it in, or you can ask other disabled people for help.
- If you would like to find out where you can get more help, contact the Right to Control Centre for Independent Living (see back page).
- You can give this form to who ever you want.
- If you are asking for support from organisations that are part of the Right to Control, they may need some more details, or to fill in different forms. They will tell you how this fits in with your outcomes. You can ask them to add their information to this Detailed Routefinder so other people can use it.
- We will only tell the people who need to know about what you have said on this form.



To make it easier to follow and fill in, we have split the Routefinder into parts. There may be some parts you do not need to fill in.

## My Outcomes

This part of the Routefinder is where you tell people what your goals or outcomes are. These Outcomes will be a big part of your Support Plan.

- We have given some example Outcomes, you do not have to use them.
- You can have as many Outcomes as you want.
- You can copy more sheets if you need them.
- Try to give enough detail so other people know what you want.
- It helps to put your Outcomes in the order of what is most urgent or important to you, as there may not be enough money or support available to do everything.
- You do not have to fill in this form all at once, you may want to talk about it with other people first.

### Outcome

What do I want to happen?

I am able to live independently in my own home

What support will I need for this to happen?

What needs to change?

Give as much detail as you need to, say what support you need, for how long, and what you need people to do.

Adaptations made to help me move about.

Advice on how to manage bills.

A way of getting help in an emergency

An example Outcome









## Some outcomes you may want

You do not have to use any of these, but they may be something you want to have in your Support Plan. These ideas may help you think about what is important. If you will be using them, tick the box.

**I am able to meet my own personal care needs**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am able to keep safe**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am able to eat, drink and make my own meals**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am able to make choices about my life**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am able to be part of my community**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am fully able to be a parent or carer**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I am able to work or go to college**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I can run and keep up my home**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I can manage my actions**

**What will I need for this to happen? What needs to change?**

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## Suggested outcome

**I can get support from family and friends without having to ask them to do too much**

**What will I need for this to happen? What needs to change?**

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## Reference numbers

Sometimes you may be given a reference number by organisations so they can find your information.

You can keep numbers here:

**Organisation:**

**Number:**


**The last date changes were made to this document was:**



**Date:**

## What next?

After thinking about what outcomes you want from Right to Control, you can go on to Part 3 of the Routefinder and look at a support plan.



**Right to Control Centre for Independent Living**  
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**MANCHESTER**  
CITY COUNCIL



**STOCKPORT**  
METROPOLITAN BOROUGH COUNCIL



Part of the Department  
for Work and Pensions



Making choice real for disabled people

