

Text only:

- [Standard text](#)
- [Medium text](#)
- [Large text](#)
- [Black on White](#)
- [White on black](#)
- [Black on yellow](#)
- [Yellow on black](#)

Arts and Media

[BBC Ouch](#) aims "to reflect the lives of disabled people right here and now in the third millennium."

[DaDA Disability and Deaf Arts](#) is a Disabled and Deaf people's arts organisation run by Disabled and Deaf people. They aim to facilitate the active participation of Disabled and Deaf people in all aspects of the arts and creative industries, and both promote and celebrate disability and Deaf arts and culture.

[Extending Boundaries](#) has been set up by The Guardian in association with the Department for Work and Pensions. It contains articles on the Disability Discrimination Act and themes from [Improving the Life Chances of Disabled People](#).