

Text only:

- [Standard text](#)
- [Medium text](#)
- [Large text](#)
- [Black on White](#)
- [White on black](#)
- [Black on yellow](#)
- [Yellow on black](#)

Volunteering

[Do-it](#) is a searchable database of volunteering opportunities in the UK.

[Volunteering England](#) works to promote volunteering as a powerful force for change, both for those who volunteer and for the wider community. Their web site offers a range of resources for anyone who works with or manages volunteers as well as to those who want to volunteer.